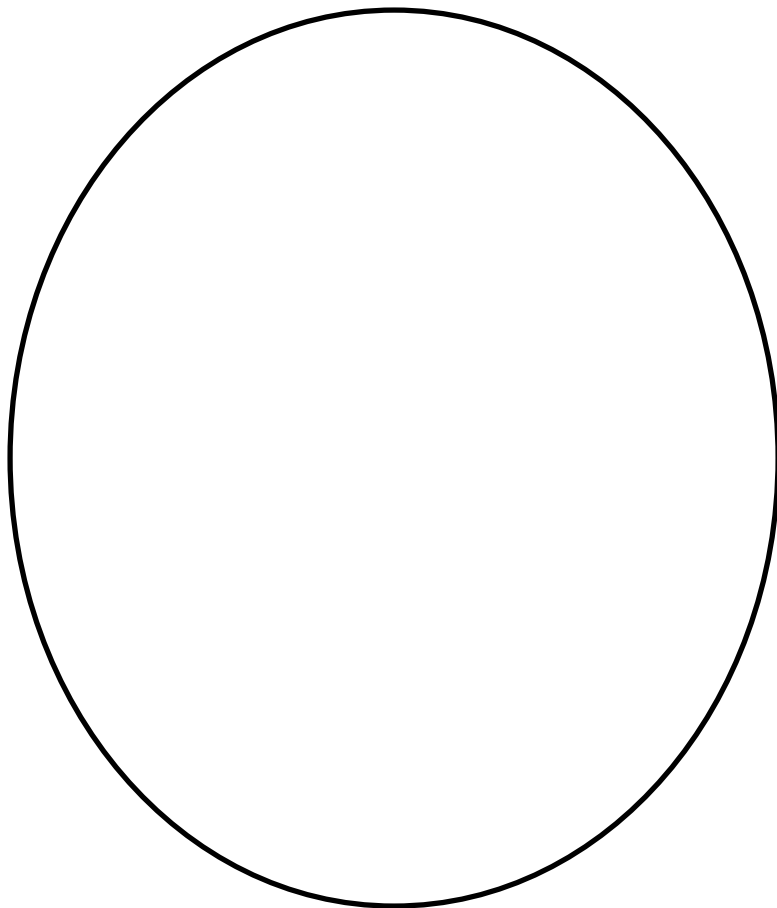


Ash Wednesday, **LENT** begins! We focus on **Pray, Fast, Give!**



Directions:

1. Draw your face and hair using this outline, make sure to add your ashes in the shape of a cross on your forehead.
2. Lenten promises:

How will you **pray** more? _____

How will you **fast**, what will you give up or change? _____

How will you **give**, or share with the poor? _____