

Prayers for your Advent Wreath @ Home

- Prepare your Advent wreath ahead of time; homemade, store bought, or use the craft provided with this lesson
- Gather your family together and read the short prayer.
- Spend some time together; eating dinner, playing a game, looking at old family photos, making cookies.

Week 1: Hope

Prayer: May we be hopeful for personal change, putting our trust in God.

Mediation: Pray to bring hope and positivity into our world: For one minute silently pray.

Week 2: Peace

Prayer: May we prepare our hearts for the coming of our Lord

Meditation: Consider moving anger from our heart and replace it with a kindness. For one minute sit silently and pray: how can I take this idea and turn it into an action?

Week 3: Joy

Prayer: Help me Lord to be a sign of love and joy to my family and friends.

Meditation: What brings me joy and how can I share that joy with others. For one minute silently pray.

Week 4: Love

Prayer: You are true radical love. Make me your instrument of love here on earth.

Mediation: God became human (Jesus) to show us the example of extreme love and forgiveness, how can I share this good news and act as Jesus acted so others can feel this love too? For one minute silently pray.

HOPE , PEACE, JOY, LOVE: The reason Advent it so special!